Dear Students,

The San Dieguito Union High School District and your school cares about the safety, development, and well-being of all students. The teachers and administrators at your school have been busy over the summer preparing resources and activities to promote student social-emotional learning as well as help students to build positive relationships with their teachers and peers.

Your teachers and administrators want to know how to best support you as we start a new and unique school year on August 25. Your voice is important and we want to know how we can best support you.

Please take a few minutes to complete a quick survey to give us feedback on how things are going for you. We ask that you please answer honestly. We will use the results to provide targeted support and develop programs to help our students learn and feel better about their experiences in school.

While we encourage you to take the survey, *it is voluntary, and choosing not to participate will not impact any student's academic status or access to services*.

To access the survey you will need to input your student identification number. If you need help finding your student ID number, please access the Aeries portal account to view the information. It is important that this number is accurate to provide you with accurate survey results. If you need assistance, please send an email to info@sduhsd.net.

Please click on your school site to access your survey.

School Survey Links	
Carmel Valley Middle School	Canyon Crest Academy
Diegueno Middle School	La Costa Canyon High School
Earl Warren Middle School	San Dieguito Academy
Oak Crest Middle School	Sunset High School
Pacific Trails Middle School	Torrey Pines High School

If you or someone you know is experiencing an immediate crisis, call 911 or the San Diego Access & Crisis Line 888-724-7240.

The following emergency services are also available:

- Behavioral Health Emergency Contact Police/Psychiatric Emergency Response Team (PERT) 911
- Child Protective Services 858-560-2191/800-344-6000
- Emergency Screening Unit (ESU) 619-421-6900

If you or someone you know needs resources:

- <u>Care Solace Local Counseling Referrals</u>
- <u>Coping Strategies</u>
- Each Mind Matters Mental Health Supports
- Substance Abuse and Mental Health Services Administration

Thank you,

The San Dieguito Union High School District Team